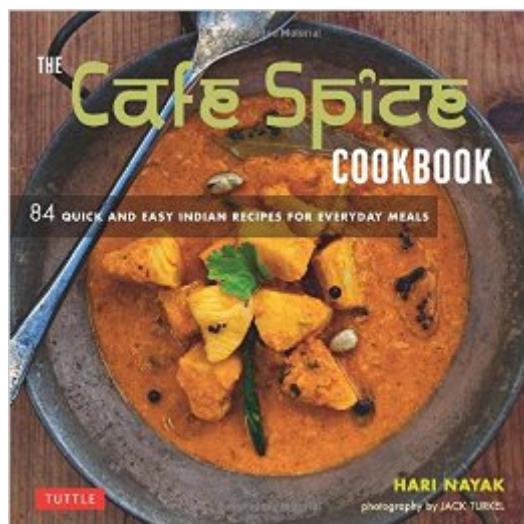


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The Cafe Spice Cookbook: 84 Quick And Easy Indian Recipes For Everyday Meals



Synopsis

This easy-to-follow Indian cookbook allows home chefs to recreate their favorite dishes with delicious results. The Cafe Spice Cookbook presents delicious Indian recipes featuring all-natural ingredients that enable one to create delicious meals in minutes. It is inspired by the Cafe Spice line of "grab n' go" Indian meals found in Whole Foods and Costco, and now on college campuses across the U.S.A. This Indian cooking book provides you with all the instructions you'll need to prepare healthy Indian food anywhere and anytime, using ingredients available at any supermarket or health food store. Tempting offerings like Chicken Tikka Masala and Shrimp & Mango Curry will thrill your friends and delight your family. Favorite Indian recipes include: Shrimp Stuffed Pappadum, Chickpea Curry with Sweet Potato, Okra Masala, Paneer with Creamed Spinach, Lobster Khadai, Tandoori Spiced Roasted Chicken, Pork Vindaloo, Tomato and Curry Leaf Quinoa Naan Bread, Milk Dumplings in Saffron Syrup, And many more!

Book Information

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Customer Reviews

Quick and easy it is! I love to cook Indian food from scratch but sometimes my hectic schedule makes it very difficult to keep up! Love how the author has recreated the traditional recipes keeping in mind our foreign kitchen and the very different lifestyle outside India in mind. This is one book I would love to leave behind for my kids for those times when they crave the comfort of mommy's cooking away from home! Well, that day is not in the near future, but I love to plan, till then, I would use it to cut my cooking time into half when doing everyday cooking or preparing a feast for my

friends and family!

When I was younger, I was lucky enough to teach overseas, in a small country with a large population whose forebears were from southern India. Hospitality played a much larger part of the community than it does here in the U.S., so I was frequently invited to different homes for dinner. I loved the many foods they served – often several full-flavored dishes per meal – and although I couldn't tell you the dishes' names, then or now, I could tell each was lovingly prepared. So, I'm really enjoying this cookbook, which is from a growing food company, with an expanding number of restaurants across the country and a new frozen foods line. The lavish photography is well-suited to the delicious dishes presented here and I love browsing through it. I found several dishes that I remember from my teaching days, including Smoky Fire-Roasted Eggplant (Baingan Bharta), Scallops with Coconut and Ginger Curry (Fish Moilee), and his Easy Lamb Curry (Masala Gosht). All are amazing, and their rich flavors take me back many years – and across the world. There are new dishes here, too, like Huli Anna, or Lemon Rice with Peanuts, which are simple to make, yet incredibly delicious. I am loving going through this book, I can tell how much author/chef Hari Nayak deeply loves these household Indian dishes, and enjoys sharing the recipes, too.

LOVE this book. Hari's first book came to my attention when a friend from outside the community gave me one as a gift and now I do the same as they are so easy to follow and a great intro to Indian cooking made Easy & Accessible. I love the South Indian cabbage slaw - what a refreshing take on the tired and heavy tasting mayo alternative. My kids are big fans of the lentil & spinach soup which is now a weeknight staple.

Fantastic book! Very handy with quick and easy recipes, just as it says. I found it very useful to cook Indian food in a short time even after returning from work! And that says a lot! The recipes are also true to measure...they work perfectly. I have the author's other books and he delivers as he promises every single time.

I received a review copy of this book and have really enjoyed cooking from it. Hari is not only a great chef but a really good teacher -- his recipes are consistent and simple to follow. Highly recommend!

I bought this item for the chicken tikka masala recipe. It seems to be great, but take caution when you make it and make sure you follow their directions exactly with high quality spices. I bought

garam masala from target and it was overly cinnamon-ey and didn't come out right.

Very good recipes. Tried several with great success.

I'm not the cook; my wife is. She fell in love with this book the moment she opened it, and I've been loving eating the results.

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